

## Safe Lifting and Hoisting Operations in Workplaces

### ***Trainer: Mukhtar Bin Mustaffa***

Mr Mukhtar has an extensive experience in managing several heavy lift projects worldwide as an EPC Lifting Superintendent. His experiences also include managing several teams of lifting crews and lifting activities without lost time injury and keeping projects within budgets.

With his outgoing personalities, Mr Mukhtar has proven abilities to work with diverse cultures, accepting individual needs and requests. His eye to details for every assigned task has allowed him to maintain high standards and quality through his working experiences.

### ***Who should attend***

Technicians, supervisors, WSHOs, engineers and managers who are involved with lifting operations at work and want to know more about cranes, their safe use, and proper compliance with WSH regulations.

### ***Synopsis***

This workshop will provide learners with the skills and knowledge required to perform and discharge the roles and responsibilities as the Person-In-Charge (PIC) to plan and supervise the specific lifting and hoisting operation. Learners will get to learn to verify if the lift plan is developed according to Lifting & Hoisting guidelines. In addition, learners will also learn to understand the typical proximity hazards related to lifting and hoisting operation and explain the essential of risk assessment review and Job Hazard Analysis (JHA) discussion.

Learners will be able to:

- Understand the applicable regulation, guideline and industry standard on lifting and hoisting activities.
- Explain the typical roles and responsibilities of Lifting Team.
- Understanding the essential of verifying lifting personnel qualification and competency.
- Explain the importance of onsite risk evaluation.
- Understand the typical proximity hazards related to lifting and hoisting operation.
- Explain the essential of risk assessment review and JHA discussion.
- Explain the essential of management of change.
- Explain the essential of team organizing and leadership.
- Understand the criteria and process of approval the routine and non-routine simple lift plans.
- Explain the essential of SMEP safe system of work such as PTW, JHA and risk assessment.

### **Course Details**

Date: 1. 8 Feb 2021      2. 15 Apr 2021      3. 17 Jun 2021  
4. 17 Aug 2021      5. 18 Oct 2021

Time: 9.00am to 5.00pm

(Registration starts at 8.45am)

CPD points: 7 SDUs

Venue: SISO Academy

167 Jalan Bukit Merah,  
#02-16 Connection One, Tower 4,  
Singapore 150167

Fee: S\$192.60\* (SISO Members)

S\$256.80\* (Non-Members)

(\*Fee includes GST and e-training materials)

For more information and registration, please visit:

Website: [www.siso.edu.sg](http://www.siso.edu.sg)

For enquiries:

Email: [registration@siso.org.sg](mailto:registration@siso.org.sg)

Call: 6513 0286

# Registration Form

Safe Lifting and Hoisting Operations in Workplaces



## Part A

Training Date:

## Part B – Participants' Details (attach a separate list if necessary)

Salutation (Mr/Ms)	Name (Please underline surname)	NRIC (last 4 characters; SXXXX123A)	Designation / Job Title (Please indicate your WSHO Reg. No., if any)	Mobile no.	Email

## Part C – Company's Particulars

Name of Company:

Type of Industry:

Name of Contact Person:

Designation:

Tel:

Fax:

Email (for course correspondence):

## Part D - Billing Details

Billing Address:

Please tick as appropriate if you would like an invoice to the company:

☐

Yes

☐

No

e-Invoice for Government bodies

Dept & Sub-business unit:

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SISO member (circle as appropriate): Yes/ No

\*SISO membership no:

(For sponsoring company only)

Company Stamp:

## Registration and Payment Fee

Fee: S\$192.60\* (SISO Members)

S\$256.80\* (Non-Members)

(\*Fee includes GST and e-training materials)

Please submit completed registration form together with a crossed cheque, made payable to “SISO Academy Pte Ltd”, to reach us no later than one week prior to the programme start date.

SISO Academy Pte Ltd

167 Jalan Bukit Merah

#02–16 Connection One, Tower 4,

Singapore 150167

Tel: 6513 0286

E-mail: [registration@siso.org.sg](mailto:registration@siso.org.sg)

Website: [www.siso.edu.sg](http://www.siso.edu.sg)

## Note to all:

- The Academy reserves the right to amend the programme content, or to cancel or change the date of the programme or the venue.
- A confirmation e-mail will be sent to you one week prior to the commencement of program
- Seats will only be reserved for participants who have received a confirmation e-mail
- If written notice of withdrawal is received:
  - > 14 days before commencement of programme – full refund
  - Between 3 & 13 working days – 70% refund
  - Less than 3 working days - no refund